



EVERY DAY *with* PURPOSE  
FIND IT. LIVE IT. BE SIGNIFICANT.

LESSON FOUR  
PRACTICE YOUR PURPOSE

## LESSON 4

### PRACTICE YOUR PURPOSE

1. Make every day your \_\_\_\_\_ .



**“When you are intentional, you already know what you are going to do, you are just looking for the opportunity to do it.”**

2. Create \_\_\_\_\_ with people and visit those often.

- Take initiative. Make something happen.
- Share the experience. Make something happen together.
- Bring something back. Show that something happened.



**“The ability to retrieve a memory decreases exponentially unless boosted by artificial aids such as diaries and photographs.”**

3. Practice the \_\_\_\_\_ rule.

Within the first 30 seconds of a conversation, say/do something encouraging to a person.

4. \_\_\_\_\_ for the gold in others.

“People grow into the conversations they have around them.”

- DIANNA KOKOSZKA

5. \_\_\_\_\_ people in front of people.

6. Learn people's \_\_\_\_\_ .

The sweetest sound in a person's ear is their own name.

- DALE CARNEGIE