

Start Now & Make A Brand-New End December 2024

*Though you cannot go back and make a brand-new start, my friend,
anyone can start now and make a brand-new end.*

- The past is the past; we can start **NOW**.

*Regrets, I've had a few
But then again, too few to mention
I did what I had to do
And saw it through without exemption
I planned each chartered course
Each careful step along the byway
And more, much more than this
I did it my way*

Frank Sinatra, **My Way**

- What you focus on expands
 - Put **BEFORE** you... Potential... "What you can become."
 - Put **BEHIND** you... Regrets... "What you shouldn't have done."

[Spend time with the right people.](#)

The right people... (make your list)	The wrong people... (reverse the list)
Unconditionally love you	Conditionally love
Add value to you	Don't add value
Continually grow	Do not grow
Walk your journey or at least love it	Are not supportive
Enjoy life and new experiences	Do the same old thing
Refuel you and do not drain you	Don't bring you energy; drain you

- The wrong people take up the space that the right people need to fill
- Year-end review... invest or spend time with people?
 - You are either spending time with people or you are investing time with people.
 - Look beside you and ask... "Who's in my space?"

[Say what you need to say.](#)

- There is a difference between "wanting" to say something and "needing" to say something.
 - Note: Need to say... not want to say

"It takes courage to stand up and speak; courage is also what it takes to sit down and listen."

Winston Churchill

When Do I Need to Speak Up?

I need to use my...

1. **Gift** Voice - what I do well... intuition and timing
2. **Character** Voice - what is right
3. **Experience** Voice - what I have learned
4. **Heart** Voice - what I feel to people I love
5. **Dream** Voice - where I am going
6. **Question** Voice - what I don't know that I need to know
7. **Leadership** Voice - what people need to hear, not want to hear

Take action on things worthwhile.

- People who are always getting ready to get ready

"The secret of getting ahead is getting started."

Mark Twain

Ask Yourself:

- Q. How do you beat the fastest person in the race?
- A. "Get started first."

John Maxwell's answer:

1. I rise early.
 2. I prioritize quickly.
 3. I remove distractions.
 4. I set timelines.
 5. I make visual and verbal commitments.
 6. I control my agenda (calendar).
 7. I evaluate my day on action not intention... results not meetings.
- The main difference between who you are and what you want to be is... WHAT YOU DO!
 - What gets measured gets done... What gets done gets measured.
 - Intentional living... good intentions into good actions

Downside to This:

- Go through life not knowing a lot of stuff.
- If it doesn't give a return, I am not going to spend time there.

Don't allow others to control your destiny.

*"I cannot and will not recant anything, for to go against conscience is neither right nor safe. **Here I stand**, I can do no other, so help me God. Amen."*

Martin Luther

Remember...

1. Average people want you to stay average.
2. People cannot give what they do not have.

3. You become like the 5 most influential people in your life.

People You Hang With Plus The Books You Read.

1. Emotionally dysfunctional people should not control your life.
2. It will take a lot of courage to stop having others control your life.

Many people don't get to where they want to, not because they lack the opportunity or lack the giftedness. They lack courage.

Go inside yourself and ask, "What areas do I need to apply courage in?"